Post Session Evaluation

1. What was the most beneficial thing you learned?

2. Did you get what you expected?

3. What specific help were you searching for that you didn’t receive?

4. Was there anything that was distracting or that you judged was a waste of time?

5. Have you been using the communication tool “Dialogue?”
   □ YES  □ NO
   How often?

   *Remember, if you have been having difficulty with the process; please contact a team couple or your local Coordinators for help. Dialogue doesn’t work if you use it incorrectly!*

6. Have you found the homework exercises beneficial?
   □ YES  □ NO
   □ Haven’t done homework

COMMENTS (use back for additional comments):